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# Men's Health

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## 129

FAST FIXES FOR YOUR HEALTH

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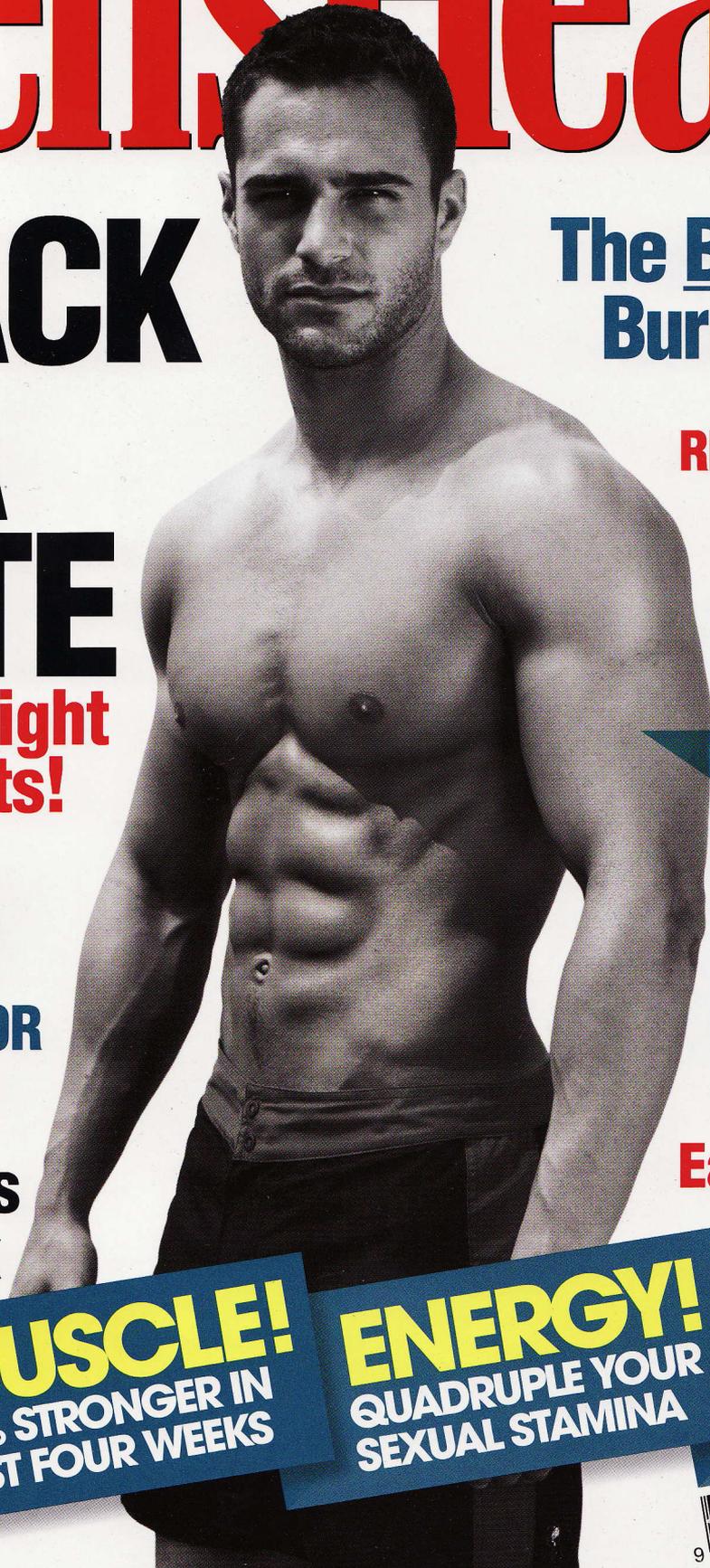
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THE SUPER HUMAN ISSUE

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10% STRONGER IN JUST FOUR WEEKS

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QUADRUPLE YOUR SEXUAL STAMINA

**POWER!**  
BE HUGE LIKE JACKMAN!



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How to invest in gold + the new rules of sperm donation + know your rights as an unmarried father

**Our experts**

The people with all the answers

**Vincent Gauci** lecturer in earth systems and ecosystem science at The Open University**Natalie Gamble** is a leading specialist in fertility law at Lester Aldridge LLP**Stuart West** professor of evolutionary biology, Edinburgh University**Ben Yearsley** investment manager at financial services firm Hargreaves Lansdown**Winfried Amoaku** chair of scientific committee of the Royal College of Ophthalmologists**Marilyn Stowe** senior partner at Stowe Family Law LLP (marilynstowe.co.uk)

What's the point of our foliage? Well, you waxed the question...



**Q** I'm in a relationship and have just had a child. We're very happy but don't want to get married. I'm just a bit concerned about my rights. Do I have any as an unmarried, cohabiting father?  
**Alex, London**

**A** Of course you do. You have the right to start DIY tasks around the house, but never actually finish them. Family lawyer Marilyn Stowe can fill in the rest: "If you're name is on the birth certificate you automatically have parental rights. If it isn't, you can still enter into a formal agreement or in extreme cases apply to the court. If you separate, you and your partner will be expected to reach agreement about access and support for your child. There is no specific cohabitation law in England and

Wales. So if things go wrong, you have no legal obligations to her, only to your child. So no maintenance, lump sum or property transfer unless she has made contributions to it." No need for the Batman outfit just yet, then.

**Q** Whatever happened to the threat of acid rain?  
**Joe, Manchester**

**A** Much like stone-wash denim and punk rock, acid rain was an obsession of the '70s and '80s. And then as fast as it threatened an environmental holocaust, it moved on. Or at least away.

"England was the 'dirty man of Europe'," explains Vincent Gauci, lecturer in ecosystem science at The Open University. "But since 1979, when a treaty was signed,

**BUSH WHACKING**

I'm confused by the trend for men to opt for full body hair removal. Is this normal? Does body hair have any biological function?

**Mike, Liverpool**

For the last gazillion years our bodies have been gradually moulting as per evolutionary guidelines. Apart from around our knackers, that is. The main function of hair is to act as insulation. So what is it doing carpeting one of the warmest parts of our bodies?

"No one is sure," says Stuart West, professor of evolutionary biology at Edinburgh University, "but the most sensible theories are that a) pubic hair functions as a signal of sexual maturity b) it helps protect from friction during sex; and most importantly c) has something to do with cultivating and wafting pheromones secreted by your apocrine glands, which feature most predominantly in your groin."

The bottom line is pubic hair acts like the canopy of a rainforest, creating a dark, moist environment for sexy bacteria to grow. And by sexy we mean the stuff that makes girls cuddle up and put their nose into your armpit. Think of it as evolution's very own Lynx effect.

European sulphur emissions have plummeted." The threat has moved to Asia, where there is widespread use of coal-fired power stations that emit vast quantities of acid-rain-causing sulphur. "There are also floating polluters in the form of container ships, which don't have to comply with emission restrictions," says Gauci. "But research I've ►